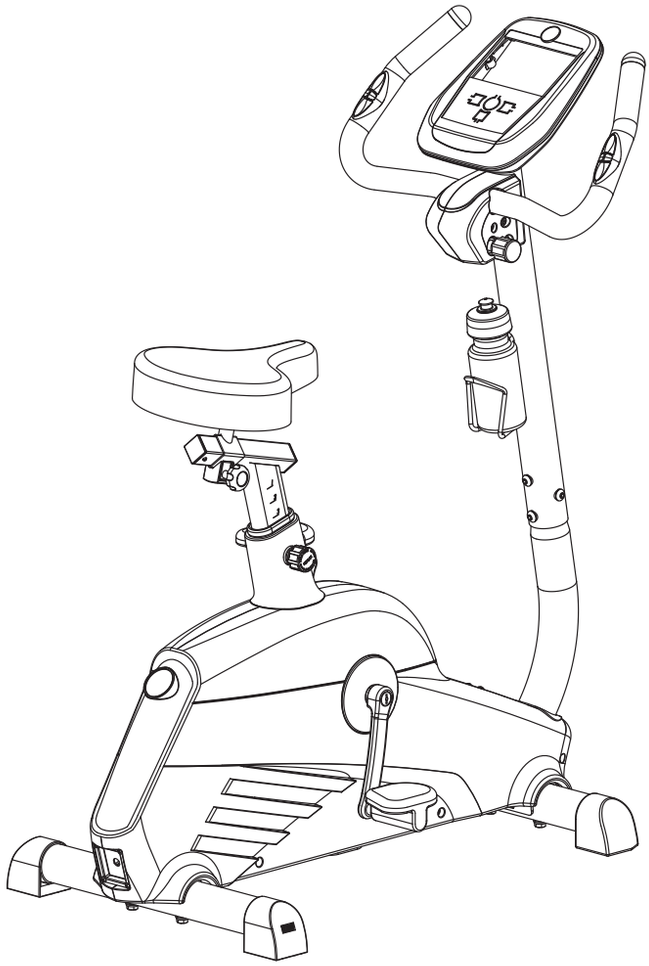

FOR MODEL :

PAGO 3

PAGO 4

HORIZON FITNESS

BIKE USER'S GUIDE

Specification **PAGO SERIE**

CONSOLE	PAGO 3	PAGO 4
Time	●	●
Speed	●	●
Distance	●	●
Calories	●	●
Resistance	●	●
RPM	●	●
Heart rate	Telemetric* and handgrip	Telemetric* and handgrip
Watts	●	●
Preset	●	●
Permanent displays	LCD-window with 9 displays	Blue-Backlit LCD-window with 9 displays
Language	G / E / NL / F	G / E / NL / F
Program profile	●	●
Program numers	12	16
Watts controlled program	1	1
Puls controlled program	1	2
Customer program	1	3
Game program	-	2
Fit test / Step test	- / -	1 / 1

TECHNICAL DATA	PAGO 3	PAGO 4
Resistance	16 loads electronically adjustable	25 - 400 watts 5 watts steps
Break system	ECB-magnetic break	Induction system
Drive system	Poly-V belt	Poly-V belt
Flywheel / Induction system	8,5 kg	ca. 9,5 kg induction system
Power supply	Adapter	Power cable
Dimensions (L x B x H in cm)	104 x 58 x 135	104 x 58 x 135
Weight	ca. 38 kg	ca. 38 kg
Max. User weight	130 kg	130 kg

FEATURES	PAGO 3	PAGO 4
Colour	Silver/Anthracite	Silver/Anthracite
Transport wheels	●	●
COMFORT ARC seat	-	●
Quick and easy seat adjustment	● vertical and horizontal	● vertical and horizontal
Quick and easy handlebar adjustment	●	●
Deep access	●	●
Strap pedal	● (self erecting)	● (Dual-Action-Pedals)
Bottle & bracket	●	●
Special features	**3 User quick start, USB interface, compatible to Teleanimation software**	**3 User quick start, USB interface, compatible to Teleanimation software**

** In conjunction with chest belt transmitter (Polar T34 recommended, as accessory).*

Technical changings reserve.

INTRODUCTION

***CONGRATULATIONS** and **THANK YOU** for your purchase of this bike!*

Whether your goal is to win races or simply enjoy a fuller, healthier lifestyle, this bike can help you attain it – adding club-quality performance to your at-home workouts, with the ergonomics and innovative features you need to get stronger and healthier, faster. Because we're committed to designing fitness equipment from the inside out, we use only the highest quality components. It's a commitment we back with one of the strongest frame-to-brake warranty packages in the industry.

You want exercise equipment that offers the most comfort, the best reliability and the highest quality in its class.

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Before You Begin	5
Bike Operation	6
Conditioning Guidelines	11
Troubleshooting & Maintenance	17
Limited Warranty	21

IMPORTANT PRECAUTIONS

SAVE THESE INSTRUCTIONS

Read all instructions before using this bike. When using an electrical product, basic precautions should always be followed, including the following: Read all instructions before using this bike. It is the responsibility of the owner to ensure that all users of this bike are adequately informed of all warnings and precautions. If you have any questions after reading this manual, contact Customer Tech Support at the number listed on the back panel of this manual.

To reduce the risk of burns, fire, electrical shock or injury to persons:

- *If you experience chest pains, nausea, dizziness, or shortness of breath, stop exercising immediately and consult your physician before continuing.*
- *Maintain a comfortable pace. Do not sprint above 80 rpms on this machine.*
- *To maintain balance, it is recommended to keep a grip on the handlebars while exercising, mounting or dismounting the machine.*
- *Do not wear clothes that might catch on any part of the bike.*
- *Do not turn pedal arms by hand.*
- *Make sure handlebars are secure before each use.*
- *Do not insert or drop any object into any opening.*
- *Unplug bike before moving or cleaning it. To clean, wipe surfaces down with soap and slightly damp cloth only; never use solvents. (See MAINTENANCE)*
- *This bike should not be used by persons weighing more than 130 kg/286 pounds. Failure to comply will void the warranty.*
- *This bike is intended for in-home use only. Do not use this bike in any commercial, rental, school or institutional setting. Failure to comply will void the warranty.*
- *Do not use bike in garages, porches, pool rooms, bathrooms, car ports or outdoors. Failure to comply may void the warranty.*
- *Use the bike only as described in this manual.*

At NO time should pets or children under the age of 12 be closer to the bike than 10 feet.
At NO time should children under the age of 12 use the bike.
Children over the age of 12 should not use the bike without adult supervision.

It is essential that your bike is used only indoors, in a climate controlled room. If your bike has been exposed to colder temperatures or high moisture climates, it is strongly recommended that the bike is warmed up to room temperature before first time use. Failure to do so may cause premature electronic failure.

BEFORE YOU BEGIN

CONGRATULATIONS! *on choosing your bike. You've taken an important step in developing and sustaining an exercise program! Your bike is a tremendously effective tool for achieving your personal fitness goals. Regular use of your bike can improve the quality of your life in so many ways.*

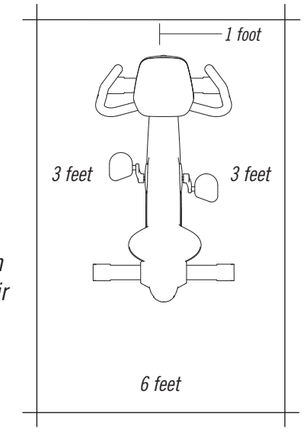
HERE ARE JUST A FEW OF THE HEALTH BENEFITS OF EXERCISE:

- *Weight Loss*
- *A Healthier Heart*
- *Improved Muscle Tone*
- *Increased Daily Energy Levels*

The key to reaping these benefits is to develop an exercise habit. Your new bike will help you eliminate obstacles that prevent you from exercising. Inclement weather and darkness won't interfere with your workout when you use your bike in the comfort of your home. This guide provides you with basic information for using and enjoying your new machine.

LOCATION OF THE BIKE

Place the bike on a level surface. There should be 6 feet of clearance behind the bike, 3 feet on each side and one foot in front of the bike (See diagram to the right). Do not place the bike in any area that will block any vent or air openings. The bike should not be located in a garage, covered patio, near water or outdoors.



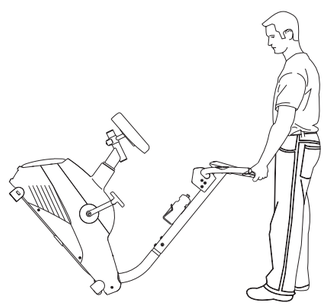
BIKE OPERATION

POWER

Your bike is powered by a power supply . The power must be plugged into the power jack, which is located in the rear of the bike near the STABILIZER TUBE. Your bike (Focus 408 ONLY) also have an on/off switch located on the back of the console near the power jack.

WARNING

Do not operate the bike if the power cord or plug is damaged.
If the bike appears to not be working properly, do not use the bike.



MOVING

Your Horizon Fitness upright bike has a pair of transport wheels built into the front of the frame. To move, firmly grasp both of the handle-bars. Carefully pull towards you and downwards, so that the rear foot tube raises off of the floor, once the weight of the machine is on the front transport wheels carefully roll to where you wish to exercise.

WARNING

Use care and additional help if necessary when moving.

ADJUSTING THE SEAT

To adjust the seat by rotating the nob and loosen the screw. Pull out the nob and adjust the seat to a comfortable pedaling position (one that keeps a slightly bend in your knee while your legs are in the extended position). Lock the screw by rotating nob clockwise until it tightens.

***NOTE**: It is recommended that you do not sit on the seat while adjusting its position.*

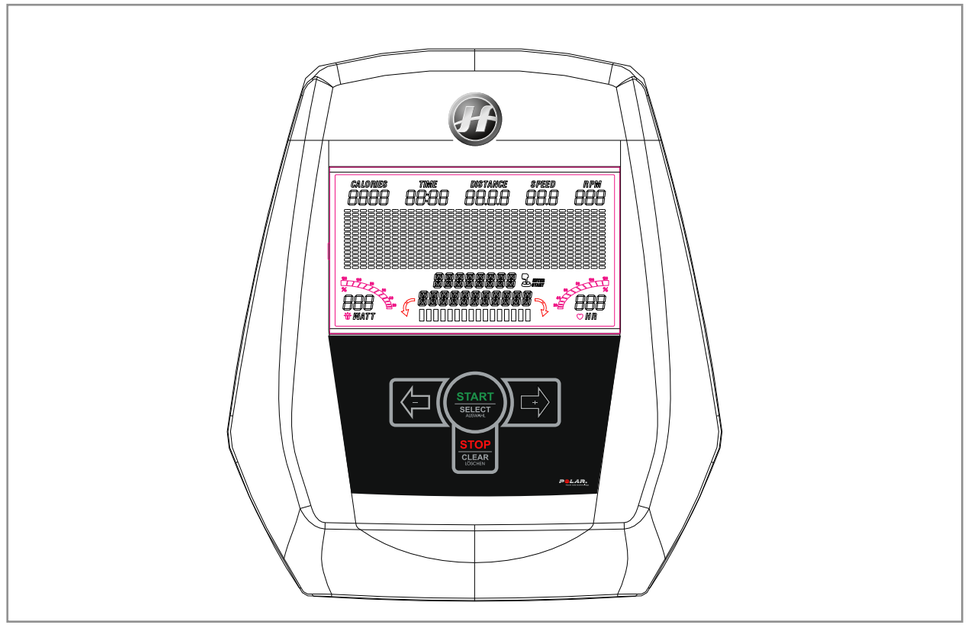
ADJUSTING THE HANDLEBAR

To adjust the handlebar by rotating the nob and loosen the screw. Then, pull out the nob and adjust the handlebar to a position you prefer. Lock the screw by rotating nob clockwise until it tightens.

DUAL FUNCTION PEDAL (PAGO 4 ONLY)

Dual function pedal gives you two different pedaling feeling. You can use both side of the pedal, one for shoes with strap-hold and the other for barefooted pedaling.

PAGO 3/4 CONSOLE DISPLAY



CONTROLS

	Click	3 seconds hold	5 seconds hold
	• Increase • Next item		
	• Decrease • Previous item		
START SELECT	• Quick start • Select item • Start the workout • Enter to the next step	• Finish inputting user 's name	
STOP CLEAR	• Stop the workout • Back to the previous step	• Reset	• Language selection • Metric /British selection

PAGO 3/4 CONSOLE OPERATION

QUICK START

1) Make sure the power is on.
2) Simply press the "START" key and begin exercising.

SETUP YOUR PERSONAL DATA

The console is able to store your personal data that include name, gender, age and weight. It makes you start your workout more quickly and monitor your exercise information accurately. Please setup your personal data before you use the machine for the first time. Please follow the procedure as below,
1) Select any program 2) Select user 1, 2 or 3
3) Select your gender 4) Select your age
5) Select your weight 6) Input your name
7) Hold the "START" key for 3 seconds to finish your setup
The console is able to store up to 3 users' data. If you would like to modify your personal data, please select "USERS SETTING" for modification.

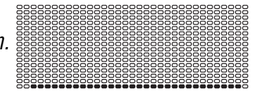
START YOUR WORKOUT

1) Select the program you preferred. 2) Select the user.
(If your personal data has been ready, just select which user you preferred, and then you can start your workout)
3) Select your gender 4) Select your age
5) Select your weight 6) Start your workout

PROGRAM **PROFILES**

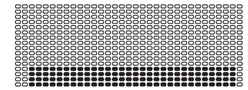
Manual

Allows you to adjust the resistance level to your preference, without a preset program.



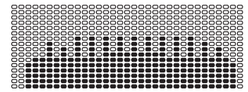
Watts Control

Exercise at a set work level. As you increase your pedal rate(RPM), your resistance will decrease; if you decrease your pedal rate (RPM), your resistance will increase



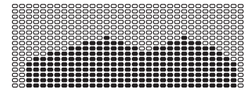
Interval

Improves your strength, speed, and endurance by raising and lowering the resistance levels throughout your workout to involve both your heart and muscles.



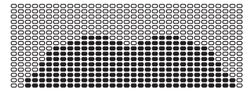
Rolling

Maintains weight by gradually raising and lowering the resistance level to gradually raise and lower your heart rate.



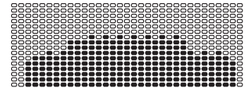
Weight Loss

Promotes weight loss by raising and lowering the resistance level, while keeping you in your fat burning zone.

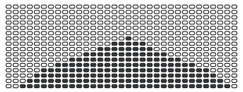


Foot Hill

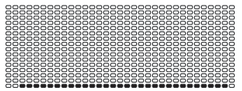
Improve heart and lung capacity by continuing exercise.



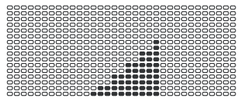
Mountain
Improves performance and stamina by raising the resistance level to high peaks to simulate the most difficult outdoor terrains.



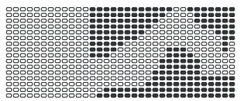
Fit-Test (Pago 4 Only)
Test your current level of physical fitness.At completion of the program,it will provide feedback regarding your fitness level for you to monitor your progress



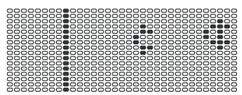
Step test (Pago 4 Only)
Short Description for Step-Test Improves your endurance by raising the wattage.Workout time is 30 minutes.



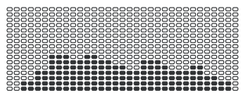
GAME 1 (Pago 4 Only)
This warm up game simulates a Car Racing Game. To control the car up and down , you pedal faster or slower. Try to avoid those barriers and keep on track . You only have 3 chances to complete the circuit, so be careful .



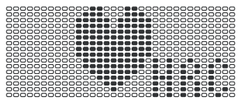
GAME 2 (Pago 4 Only)
This warm up game simulates a Fishing Game. To control the fishhook to go deeper or shallower , you pedal faster or slower. After the fish has been caught by you fishhook, then pedal faster until the fishhook is off of the screen. Some of the fish are harder to catch than others , but you will get more points from catching these fish.



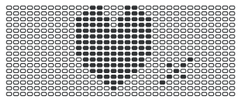
After Burner (Pago 3 Only)
Recover your heart and muscles by gradually cooling down after intensive workout.



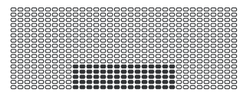
Cross Country (Pago 3 Only)
Improve your cardiovascular system by lowering resistance to simulate country stroll.



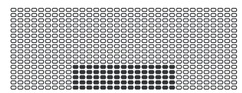
HRC 1
Benefits weight loss by maintaining an optimum exercise level to burn fat, while adjusting the resistance to keep you in your target heart rate zone.



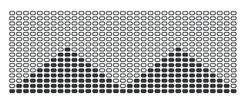
HRC 2(By percentage of MAX. Heart Rate Pago 4 Only)
Benefits weight loss by maintaining an optimum exercise level to burn fat, while adjusting the resistance to keep you in your target heart rate zone.



CUSTOM 1
Customized workout, time defaults to 15 minutes.



CUSTOM 2.3 (Pago 4 Only)
Customized workout, time defaults to 15 minutes.



USB INTERFACE (Pago 4 ONLY)
There is a USB port on the back side of console. It makes your Focus bike compatible with PC. You are able to upgrade exercise programs via PC, or use particular PC software which designed for fitness machine.

MONITORING YOUR HEART RATE

Feedback
Your Horizon Fitness upright bike offers two heart rate feedback options. You may choose to use the heart rate handlebars, or the chest transmitter for a hands free workout.

Heart Rate Handlebar
Place the palm of your hands directly on the heart rate handlebars. Both hands must grip the bars for your heart rate to register. When griping the handlebars, do not grip tightly. Holding the grips tightly may elevate your blood pressure. Try to maintain moderate pressure while holding onto the heart rate handlebars. It is recommended that you hold the handlebars only long enough the see your heart rate readout on the console. You may experience an erratic readout if consistently holding the handlebars.

Telemetric Chest Transmitter
Prior to wearing the chest transmitter on your chest, moisten the two rubber electrodeswith water. Center the chest strap just below the breast or pectoral muscles, directly overyour stermum, with the Horizon Fitness logo facing out. NOTE: The chest strap must be tight and properly placed to receive an accurate and consistent readout. If the chest strap is too loose, or positioned improperly, you may receive an erratic or inconsistent heart rate readout.

If you have any problems with the heart rate function please refer to pages 17 & 18 in the troubleshooting section.

Warning!
The heart rate function is not a medical device. Various factors may affect the accuracy of your heart rate reading. The heart rate reading is intended only as an exercise aid.

CONDITIONING GUIDELINES

ALWAYS CONSULT YOUR PHYSICIAN BEFORE BEGINNING AN EXERCISE PROGRAM.

HOW OFTEN? (Frequency of Workouts)
The American Heart Association recommends that you exercise at least 3 to 4 days per week to maintain cardiovascular fitness. If you have other goals such as weight or fat loss, you will achieve your goal faster with more frequent exercise. Whether it's 3 days or 6 days, remember that your ultimate goal should be to make exercise a lifetime habit. Many people are successful staying with a fitness program if they set aside a specific time of day to exercise. It doesn't matter whether it's in the morning before breakfast, during lunch hour or while watching the evening news. What's more important is that it's a time that allows you to keep a schedule, and a time when you won't be interrupted. To be successful with your fitness program, you have to make it a priority in your life. So decide on a time, pull out your day planner and pencil in your exercise times for the next month!

HOW LONG? (Duration of Workouts)

For aerobic exercise benefits, it's recommended that you exercise from between 24 and 60 minutes per session. But start slowly and gradually increase your exercise times. If you've been sedentary during the past year, it may be a good idea to keep your exercise times to as little as five minutes initially. Your body will need time to adjust to the new activity. If your goal is weight loss, a longer exercise session at lower intensities has been found to be most effective. A workout time of 48 minutes or more is recommended for best weight loss results.

HOW HARD? (Intensity of Workouts)

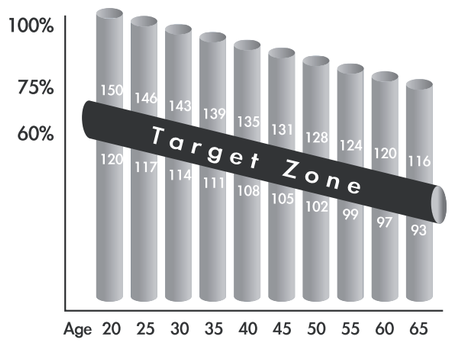
How hard you workout is also determined by your goals. If you use your machine to prepare for a 5K workout, you will probably work out at a higher intensity than if your goal is general fitness. Regardless of your long term goals, always begin an exercise program at low intensity. Aerobic exercise does not have to be painful to be beneficial! There are two ways to measure your exercise intensity. The first is by monitoring your heart rate (using the grip pulse handlebars or a wireless chest transmitter - may be sold separately), and the second is by evaluating your perceived exertion level (this is simpler than it sounds!).

PERCEIVED EXERTION LEVEL

A simple way to gauge your exercise intensity is to evaluate your perceived exertion level. While exercising, if you are too winded to maintain a conversation without gasping, you are working out too hard. A good rule of thumb is to work to the point of exhilaration, not exhaustion. If you cannot catch your breath, it's time to slow down. Always be aware of these warning signs of overexertion.

TARGET HEART RATE ZONE

Your `Target Heart Rate Zone' is a percentage of your maximum heart rate. Target Zoneswill vary for each individual, depending on age, current level of conditioning, and personal fitness goals. The American Heart Association recommends workingout at a`Target Heart Rate Zone' of between 60% and 75% of your maximum hear trate. See thechart below for convenient reference. Example for a 42-year old user: find age along thebottom of the chart (round to 40), follow age column up to the target zone bar. Results:60% of maximum Heart Rate = 108 Beats Per Minute, 75% of maximum Heart Rate = 135Beats Per Minute.

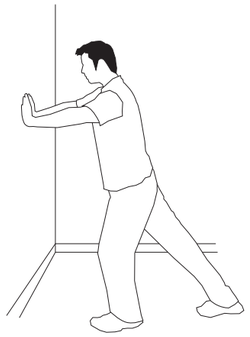


Heart Rate Chart

TIPS STRETCHING

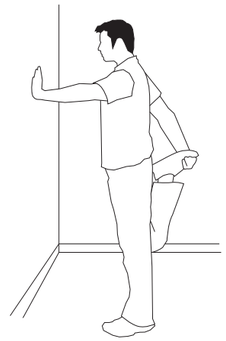
STRETCH FIRST

Before using your product, it is best to take a few minutes to do a few gentle stretching exercises. Stretching prior to exercise will improve flexibility and reduce chances of exercise related injury. Ease into each of these stretches with a slow gentle motion. Do not stretch to the point of pain. Make sure not to bounce while doing these stretches.



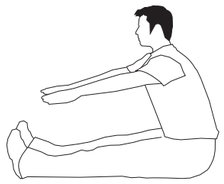
1. STANDING CALF MUSCLE STRETCH

Stand near a wall with the toes of your left foot about 18" from the wall, and the right foot about 12" behind the other foot. Lean forward, pushing against the wall with your palms. Keep your heels flat and hold this position for a count of 15 seconds. Make sure that you do not bounce while stretching. Repeat on the other side.



2. STANDING QUADRICEP STRETCH

Using a wall to provide balance, grasp your left ankle with your left hand and hold your foot against the back of your thigh for 15 seconds. Repeat with your right ankle and hand.



3. SITTING HAMSTRING & LOWER BACK MUSCLE STRETCH

Sit on the floor with your legs together and straight out in front of you. Do not lock your knees. Extend your fingers towards your toes and hold for a count of 15 seconds. Make sure that you do not bounce while stretching. Sit upright again. Repeat one time.

TIPS ✓ THE IMPORTANCE OF A WARM-UP & COOL DOWN

WARM UP

The first 2 to 5 minutes of a workout should be devoted to warming up. The warm-up will limber your muscles and prepare them for more strenuous exercise. Make sure that you warm-up on your product at a slow pace. The warm up should gradually bring your heart rate into your Target Heart Rate Zone.

COOL DOWN

Never stop exercising suddenly! A cool-down period of 3-5 minutes allows your heart to readjust to the decreased demand. Make sure that your cool down period consists of a very slow pace to allow your heart rate to lower. After the cool-down, repeat the stretching exercises listed above to loosen and relax your muscles.

TIPS ✓ ACHIEVING YOUR FITNESS GOALS

An important step in developing a long-term fitness program is to determine your goals. Is your primary goal for exercising to lose weight? Improve muscle? Reduce stress? Prepare for the spring racing schedule? Knowing what your goals are will help you develop a more successful exercise program. Below are some common exercise goals:

- *Weight Loss - lower intensity, longer duration workouts*
- *Improve Body Shape and Tone - interval workouts, alternate between hi and low intensities*
- *Increased Energy Level - more frequent daily workouts*
- *Improved Sports Performance - high intensity workouts*
- *Improved Cardiovascular Endurance - moderate intensity, longer duration workouts*

If possible try to define your personal goals in precise, measurable terms, and then put your goals in writing. The more specific you can be, the easier it will be to track your progress. If your goals are long term, divide them up into monthly and weekly segments. Longer term goals can lose some of the immediate motivation benefits. Short-term goals are easier to achieve. Your console provides you with several readouts that can be used to record your progress. You can track Distance, Calories or Time.

WEEKLY LOG SHEETS

WEEK #_____ WEEKLY GOAL_____

DAY	DATE	DISTANCE	CALORIES	TIME	COMMENTS
SUNDAY					
MONDAY					
TUESDAY					
WEDNESDAY					
THURSDAY					
FRIDAY					
SATURDAY					
WEEKLY TOTALS :					

WEEK #_____ WEEKLY GOAL_____

DAY	DATE	DISTANCE	CALORIES	TIME	COMMENTS
SUNDAY					
MONDAY					
TUESDAY					
WEDNESDAY					
THURSDAY					
FRIDAY					
SATURDAY					
WEEKLY TOTALS :					

WEEK #_____ WEEKLY GOAL_____

DAY	DATE	DISTANCE	CALORIES	TIME	COMMENTS
SUNDAY					
MONDAY					
TUESDAY					
WEDNESDAY					
THURSDAY					
FRIDAY					
SATURDAY					
WEEKLY TOTALS :					

MONTHLY LOG SHEETS

MONTH _____		MONTHLY GOAL _____	
WEEK #	DISTANCE	CALORIES	TIME
MONTHLY TOTALS :			

MONTH _____		MONTHLY GOAL _____	
WEEK #	DISTANCE	CALORIES	TIME
MONTHLY TOTALS :			

MONTH _____		MONTHLY GOAL _____	
WEEK #	DISTANCE	CALORIES	TIME
MONTHLY TOTALS :			

TROUBLESHOOTING YOUR UPRIGHT BIKE

Your Horizon Fitness upright bike is designed to be reliable and maintenance free. However, if you do experience problems with your upright bike, please reference the troubleshooting guide listed below.

PROBLEM:*There is no display on the console.*
SOLUTION:*Remove the console and verify that the console cable is attached properly, making sure that the cable is securely inserted into the console.*

PROBLEM:*The upright bike makes a squeaking or chirping noise.*
SOLUTION:*Loosen all bolts attached during the assembly process, grase the threads and tighten again.*

PROBLEM:*The resistance levels seem to be incorrect, seeming too hard or too easy.*
SOLUTION:*Reset the console and allow the resistance to reset to the default position. Restart the console and retry the resistance levels.*

HEART RATE TROUBLESHOOTING

PROBLEM:*There is no heart rate reading*
SOLUTION:*If you are using the chest strap, there may be a poor connection between the electrodes and the skin. Remoisten the electrodes with water.*
SOLUTION:*The chest strap may not be positioned properly. Reposition the chest strap. It may be necessary to experiment with the fit and position of the chest strap.*
SOLUTION:*Verify that the distance between the chest strap and the console is notbeyond the recommended range of 36 inches.*
SOLUTION:*The battery in the chest strap may be dead. Take the chest strap to ajewelry store or return to Horizon Fitness for a battery replacement.*

PROBLEM: *Erratic or inconsistent Readout.*
SOLUTION: *This is often caused by dry electrodes or a loose chest strap. Moisture on the rubber electrodes is required for proper operation. Try a more generous coating of water on the electrodes and tightening the chest strap.*

Chest your exercise environment for sources of interference such as high power lines, large motors, etc. You may experience an erratic readout under the following conditions:
- *Gripping the heart rate handlebars too tight. Try to maintain moderate pressure while holding onto the heart rate handlebars.*
- *Constant movement and vibration due to constantly holding the heart rate grips while exercising.*
- *When you are breathing heavily during a workout.*
- *When you hands are constricted by wearing a ring.*
- *When you hands are dry or cold. Try moistening your palms or rubbing themtogether to warm.*
- *Anyone with heavy arrhythmia.*
- *Anyone with arteriosclerosis or peripheral circulation disorder.*
- *Anyone whose skin on the measuring palms is especially thick.*

Note:Outside interference sources such as computers, motors and fluorescentlights may cause the heart rate reading to be erratic.

If the above thoubleshooting section does not remedy the problem,discontinue use and turn the power off.Please contact your local dealer for further assistance.

COMMON PRODUCT QUESTIONS

ARE THE SOUNDS MY BIKE MAKES NORMAL?
Our upright bikes are some of the quietest available because they use belt drives and friction free magnetic resistance. We use the highest grade bearings and belts to minimize noise. However, because the resistance system itself is so quiet, you will occasionally hear other slight mechanical noises. Unlike older, louder technologies, there are no fans, friction belts, or alternator noises to mask these sounds on our upright bikes. These mechanical noises, which may or may not be intermittent, are normal and are caused by the transfer of significant amounts of energy to a rapidly spinning flywheel. All bearings, belts and other rotating parts will generate some noise which will transmit through the casing and frame. It is also normal for these sounds to change slightly during a workout and over time because of thermal expansion of the parts.

WHY IS THE UPRIGHT BIKE I HAD DELIVERED LOUDER THAN THE ONE ATTHE STORE?
All fitness products seem quieter in a large store showroom because there is generally more background noise than in your home. Also, there will be less reverberation on a carpeted concrete floor than on a wood overlay floor. Sometimes a heavy rubber mat will help reduce reverberation through the floor. If a fitness product is placed close to a wall, there will be more reflected noise.

HOW LONG WILL THE DRIVE BELT LAST?
The computer modeling we have done indicated virtually thousands of maintenance free hours. Belts are now commonly used in far more demanding applications such as motorcycle drives.

CAN I MOVE THE BIKE TRAINER EASIER ONCE IT IS ASSEMBLED?
Your Horizon Fitness Upright Bike has a pair of transport wheels built into the front foot. It is easy to move your Upright Bike by rolling it on the front transport wheels. It is important that you place your Horizon Fitness Upright Bike in a comfortable and inviting room. Your Upright Bike is designed to use minimal floor space. Many people will place their Upright Bike facing the TV or a picture window. If at all possible, avoid putting your Upright Bike in a unfinished basement. To make exercise a desirable daily activity for you, the Upright Bike should be in an attractive setting.

MAINTENANCE

WHAT KIND OF ROUTINE MAINTENANCE IS REQUIRED?

We use sealed bearings throughout our bikes so lubrication is not needed. The most important maintenance step is to simply wipe your perspiration off the trainer after each use.

HOW DO I CLEAN MY BIKE?

Clean with soap and water cleaners only. Never use solvents on plastic parts.

Cleanliness of your bike and its operating environment will keep maintenance problems and service calls to a minimum. For this reason, Horizon Fitness recommends that the following preventive maintenance schedule be followed.

AFTER EACH USE (DAILY)

Turn off the bike by unplugging the power cord from the wall outlet

- *Wipe down the bike with a damp cloth. Never use solvents, as they can cause damage to the bike.*
- *Inspect the power cord. If the power cord is damaged, contact Horizon Fitness.*
- *Make sure the power cord is not underneath the bike or in any other area where it can become pinched or cut.*

WARNING *To remove power from the bike, the power cord must be disconnected from the wall outlet.*

WEEKLY

Clean underneath the bike, following these steps:

- *Turn off the bike.*
- *Move the bike to a remote location.*
- *Wipe or vacuum any dust particles or other objects that may have accumulated underneath the bike.*
- *Return the bike to its previous position.*

EVERY MONTH

- *Inspect all assembly bolts and pedals on the machine for proper tightness.*
- *Clean any debris off of the pedal arm wheels and guide rails.*

LIMITED HOME-USE WARRANTY

EXCLUSIONS AND LIMITATIONS

Who IS covered:

- *The original owner and is not transferable.*

What IS covered:

- *Repair or replacement of a defective motor, electronic component, or defective part and is the sole remedy of the warranty.*

What IS NOT covered:

- *Normal wear and tear, improper assembly or maintenance, or installation of parts or accessories not originally intended or compatible with the equipment as sold.*
- *Damage or failure due to accident, abuse, corrosion, discoloration of paint or plastic, neglect, theft, vandalism, fire, flood, wind, lightning, freezing, or other natural disasters of any kind, power reduction, fluctuation or failure from whatever cause, unusual atmospheric conditions, collision, introduction of foreign objects into the covered unit, or modifications that are unauthorized or not recommended by Horizon Fitness.*
- *Incidental or consequential damages. Horizon Fitness is not responsible or liable for indirect, special or consequential damages, economic loss, loss of property, or profits, loss of enjoyment or use, or other consequential damages of whatsoever nature in connection with the purchase, use, repair or maintenance of the equipment.*
- *Equipment used for commercial purposes or any use other than a single family or Household, unless endorsed by Horizon Fitness for coverage.*
- *Equipment owned or operated outside the US and Canada.*
- *Delivery, assembly, installation, setup for original or replacement units or labor or other costs associated with removal or replacement of the covered unit.*
- *Any attempt to repair this equipment creates a risk of injury. Horizon Fitness is not responsible or liable for any damage, loss or liability arising from any personal injury incurred during the course of, or as a result of any repair or attempted repair of your fitness equipment by other than an authorized service technician. All repairs attempted by you on your fitness equipment are undertaken AT YOUR OWN RISK and Horizon Fitness shall have no liability for any injury to the person or property arising from such repairs.*

SERVICE/RETURNS

- *In-home service is available within 150 miles of the nearest authorized repair center (Mileage beyond 150 miles from an authorized service center is the responsibility of the consumer).*
- *All returns must be pre-authorized by Horizon Fitness.*
- *Horizon Fitness' obligation under this warranty is limited to replacing or repairing, at Horizon Fitness' option, the same or comparable model at one of its authorized service centers.*
- *A Horizon Fitness authorized service center must receive all equipment for which a warranty claim is made. This equipment must be received with all freight and other transportation charges prepaid, accompanied by sufficient proof of purchase.*
- *Replacement units, parts and electronic components reconditioned to As-new Condition by Horizon Fitness or its vendors may sometimes be supplied as warranty replacement and constitute fulfillment of warranty terms.*
- *This warranty gives you specific legal rights, and your rights may vary from state to state.*

D:
Entsorgungshinweis
Horizon Fitness/Vision Fitness - Produkte sind recyclebar. Führen Sie das Gerät am Ende der Nutzungsdauer einer sachgerechten Entsorgung zu (örtliche Sammelstelle).

GB:
Waste Disposal
Horizon Fitness/Vision Fitness products are recyclable. At the end if its useful life please dispose of this article correctly and safely (local refuse sites).

F:
Remarque relative à la gestion des dèchets
Les produits Horizon Fitness/Vision Fitness sont recyclables. A la fin sa durrèe d`utilisation, remettez l´appareil à un centre de gestion de dèchets correct (collecte locale).

NL:
Verwijderingsaanwijzing
Horizon Fitness/Vision Fitness producten zijn recycleerbaar. Breng het apparaat aan het einde van de gebruiksduur naar een op recycling gespecialiseerd bedrijf (plaatselijk verzamelpunt).

E:
Informaciones para la evacuaciòn
Los productos de Horizon Fitness/Vision Fitness son riciclables. Cuando se termina la vida ùtil de un aparato o una màquina, entrèguelos an una impresa local de eleiminaciòn de residuos para su reciclaje.

I:
Indicazione sullo smaltimento
I prodotti Horizon Fitness/Vision Fitness sono reciclabill. Quando l`apparecchio non servirà più, portatelo in un apposito punto di raccolta della Vostra città (Punti di raccolta comunall).

PL:
Wskazòwka dotyczàca usuwania odpadòw.
Producty firmy Horizon Fitness/Vision Fitness podlegajà recyklingowi. Pod koniec okresu o`ywalnoÈcl pros`z oddac urzàdzenie do wlaÈciwego punkto usuwania odpadòw (lokalny punkt zbiorczy).

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FITNESS